

JEFF ENSTAD



Jeff Enstad entered the US Army National Guard on 14 April 1987. After graduating from High School, he was sent to Fort Bliss Texas for Basic training. For Jeff, he says that the hardest part of basic was the sleep deprivation. He graduated from Basic on 3 September 1987, and returned to the 1st Battalion, 175th Field Artillery. He was part of a program called Split Sub Training, which allowed him to return home between Basic Training and AIT to attend school. Enstad attended his freshman year of college, then left for Advanced Individual Training at Fort Sam Houston Texas. He started Medical Specialty training at Fort Sam on 2 June 1988, and graduated on 12 August 1988. After AIT Jeff began drilling with the Montevideo National Guard unit. Jeff was promoted to the rank of Sergeant. On 8 September 1990, Enstad graduated from PLDC (Primary Leadership Development Course) at Camp Ashland Nebraska. On 10 February 1991, Jeff's unit changed from 1st Battalion 175th Field Artillery, 47th Infantry (Viking) Division to the 1st Battalion, 151st Field Artillery, 34th Infantry (Red Bull) Division. On that date, the 47th Division was inactivated, and units were reassigned to the 34th Division.

Jeff continued college while serving in the National Guard. In June 1992, he received his Bachelors Degree, and received a direct commission in the Army on 30 December 1993. After his commission, Jeff became a member of the Army Reserves, working as a part of the 311th Evacuation Hospital, 96th Reserve Readiness Command (RRC). The unit had just returned from Operation Desert Storm. At the time, Enstad was working in Watertown South Dakota in a hospital ICU. For the Army, he served as a 66H, Medical Surgical Nurse and as a 66P Family Nurse Practitioner.



Distinctive Unit
Insignia of the 175th
Field Artillery

Enstad was sent to Fort Sam Houston again for Officer Basic course in 1994. His class lasted from 9 May until 20 May 1994, when he graduated. Going through this class was standard for all Officers in the Army.

On 21 August 1995, Jeff became a member of 4226th US Army Hospital in Fargo North Dakota. Many times during his time here, he spent his 2 week annual training at Brooke Army Medical Center working.



Challenge Coin awarded to Jeff while working with the 4226th.

On 20 April 1996, he was promoted to the rank of First Lieutenant. He continued serving with the 4226th, and was promoted to Captain on 15 May 1999.

On 25 June 2001, Jeff reported to Fort Sam Houston for Officer Advanced course, graduating on 6 July 2001.



Armed Forces Reserve Medal donated by Jeff on 5 March 2008.

In April 2004, Enstad was sent to Germany with the sister unit of the 4226th, the 4225th. He spent two weeks in Germany serving at Landstuhl Regional Medical Center, near Ramstein Air Base. They took care of medical needs of personnel brought to the Army hospital. During this deployment to Germany, Jeff took the opportunity to tour some of the local sights, and saw the Grave of General George S. Patton in Luxembourg.

On 10 September 2004 Jeff was activated for Operation Enduring Freedom. He was able to either deploy to Germany, or stay in the United States. He chose to stay in the US, close to his family. He was assigned to the 7215th IMSU (Installation Medical Support Unit) based out of Aurora Colorado. Enstad was sent to Fort Bliss Texas to serve.

Jeff worked with Soldier Readiness Processing (SRP), doing physicals and immunizations for soldiers going to and from the theater of operations in Iraq and Afghanistan. Although based out of Fort Bliss, he would travel to other posts if large groups of soldiers were coming back or getting ready to leave rather than shipping all of the soldiers to them.

He was sent to Fort Polk Louisiana for about 8 weeks for Hurricanes Katrina and Rita relief. He also traveled to Fort Sill Oklahoma, where they deactivated the 39th Brigade Combat Team. His activation also brought him to Fort Riley Kansas two times.

On 24 March 2005, Enstad was promoted to the rank of Major in the Army Reserves, during his activation. On 26 April 2006 Jeff ended his Active duty time in the Army Reserves.

On 3 January 2007, Jeff was transferred to the 7247th IMSU (Installation Medical Support Unit), 330th Medical Brigade. Jeff Enstad retired from this unit and the Army on 1 August 2007 as a Major.





Woodland Battle Dress Uniforms (BDU s) worn by Jeff Enstad. On the left is the Temperate Climate Uniform (#458), and on the right is the Summer Weight Uniform (#459).



These are the type of uniforms worn by Jeff during his Activation in 2004-2006.



During his career, Jeff was awarded the following medals as shown on his dress uniform (top to bottom, left to right): Army Commendation, Army Achievement, Army Reserve Components Achievement, National Defense, Global War on Terror Service, Armed Forces Service, Humanitarian Service, Armed Forces Reserve, NCO Professional Development, Army Service, Army Reserve Overseas Service, MN National Guard Good Conduct, and the MN National Guard Service Medal.



Army Achievement Medal awarded to Jeff Enstad. Donated 5 March 2008.



Army Nurse Corps Medical Caduceus, worn by Jeff on his dress uniforms.